

HEALTH & WELLBEING BOARD

Subject Heading:	Havering Youth Wellbeing Census
Board Lead:	Mark Ansell, Director of Public Health
Report Author and contact details:	Lucy Goodfellow, Head of Insight

The subject matter of this report deals with the following themes of the Health and Wellbeing Strategy

<input type="checkbox"/>	<p>The wider determinants of health</p> <ul style="list-style-type: none"> • Increase employment of people with health problems or disabilities • Develop the Council and NHS Trusts as anchor institutions that consciously seek to maximise the health and wellbeing benefit to residents of everything they do. • Prevent homelessness and minimise the harm caused to those affected, particularly rough sleepers and consequent impacts on the health and social care system. 										
<input checked="" type="checkbox"/>	<p>Lifestyles and behaviours</p> <ul style="list-style-type: none"> • The prevention of obesity • Further reduce the prevalence of smoking across the borough and particularly in disadvantaged communities and by vulnerable groups • Strengthen early years providers, schools and colleges as health improving settings 										
<input type="checkbox"/>	<p>The communities and places we live in</p> <ul style="list-style-type: none"> • Realising the benefits of regeneration for the health of local residents and the health and social care services available to them • Targeted multidisciplinary working with people who, because of their life experiences, currently make frequent contact with a range of statutory services that are unable to fully resolve their underlying problem. 										
<input type="checkbox"/>	<p>Local health and social care services</p> <ul style="list-style-type: none"> • Development of integrated health, housing and social care services at locality level. 										
<input checked="" type="checkbox"/>	<p>BHR Integrated Care Partnership Board Transformation Board</p> <table border="0"> <tr> <td>• Older people and frailty and end of life</td><td>Cancer</td></tr> <tr> <td>• Long term conditions</td><td>Primary Care</td></tr> <tr> <td>• Children and young people</td><td>Accident and Emergency Delivery Board</td></tr> <tr> <td>• Mental health</td><td>Transforming Care Programme Board</td></tr> <tr> <td>• Planned Care</td><td></td></tr> </table>	• Older people and frailty and end of life	Cancer	• Long term conditions	Primary Care	• Children and young people	Accident and Emergency Delivery Board	• Mental health	Transforming Care Programme Board	• Planned Care	
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SUMMARY

The Havering Youth Wellbeing Census is part of Havering Council's commitment to amplifying the voice of young people in the borough. The census was based on the #BeeWell survey and locally adapted by UCLPartners in collaboration with Havering Council.

The #BeeWell survey was originally developed as part of the #BeeWell programme, an initiative originating in Greater Manchester that combines academic expertise with youth-led change to make the wellbeing of young people everybody's business.

The Havering Youth Wellbeing Census used core questions from the #BeeWell survey, plus additional questions to meet locally identified needs as voiced by Havering's young people and the local organisations and services that support them.

10 schools took part in the Havering Youth Wellbeing Census during June and July 2023. This was a total of 2,287 students across year groups 8 and 10, representing 36% coverage of the target demographic.

The results of the survey will help us to understand the state of wellbeing across age groups and consider actions to support young people's mental wellbeing.

RECOMMENDATIONS

A core principle of the original #BeeWell programme, and of our delivering the Havering Youth Wellbeing Census, is that young people's wellbeing is everybody's business.

It is recommended that:

- Health and Wellbeing Board notes the observations highlighted; and
- Board Members take time to explore the interactive neighbourhood dashboard and additional insight it provides that is relevant to the themes of the Health and Wellbeing Strategy.

REPORT DETAIL

Background

The 2021 Census results, released in June 2022, confirmed that the child population of Havering increased by 15.2% over the last decade. Havering now has a higher proportion of children aged 0-17 (22.3%) than 80% of local authorities in England.

Nationally there have been growing concerns about mental health and wellbeing in children and adolescents over the last few years. In 2017, one in nine children

aged five to 16 were identified as having a probable mental health problem. By July 2021, this figure had increased to one in six (or five children in every classroom).

Locally we have also seen an upward trend, exacerbated further by the Covid-19 pandemic and lockdowns. Contacts coming through the front door to Social Care (the Multi Agency Safeguarding Hub) concerning children's mental health increased by more than 50% when compared with pre-pandemic figures. Our data for Education, Health and Care Plans shows that proportionately, the greatest increase has been in plans for Social, Emotional and Mental Health (SEMH) needs.

The Havering Youth Wellbeing Census provides an opportunity to 'get upstream' and improve our understanding of wellbeing in young people.

#BeeWell

The #BeeWell survey was originally developed as part of the #BeeWell programme, an initiative originating in Greater Manchester that combines academic expertise with youth-led change to make the wellbeing of young people everybody's business. The programme is a collaboration between the Greater Manchester Combined Authority and #BeeWell national founding partners: University of Manchester, Anna Freud Centre for Children and Families and the Gregson Family Foundation.

More detail about #BeeWell in Greater Manchester can be found here:
<https://beewellprogramme.org>

Designed by young people, the #BeeWell survey measures the wellbeing of young people and the results are used to deliver positive change. Survey themes include 'emotions', 'meaning, purpose and control' and 'understanding yourself', and what drives wellbeing (for example, health and routines, hobbies and entertainment, relationships).

Survey adaptation for Havering

The Havering Youth Wellbeing Census used core questions from #BeeWell, plus additional questions to meet locally identified needs as voiced by Havering's young people and the local organisations and services that support them.

A number of workshops were held with Havering pupils in four pathfinder schools, which included exploring what wellbeing meant to the young people. As part of this, pupils also looked at some of the results from a local survey completed in late 2022, 'SHOUT – we are listening'.

A Questionnaire Advisory Group, whose membership included a young person representative and local system stakeholders, was then responsible for agreeing the final measures to be included in the survey.

Questions added in Havering, based on local priorities, included:

- Climate change
- Vaping
- Crime
- Accessing support
- Travel to school
- Schoolwork related stress

The response

In total, 14 out of the 18 mainstream secondary schools in Havering engaged and of these, ten were able to deliver the census. The other four schools that initially engaged were unfortunately unable to deliver due to logistical challenges (scheduling time, access to IT suites and teacher strikes).

The 2,287 pupils that participated across academic years 8 and 10 represent 36% of all on roll.

Survey responses have been combined with data held by the Local Authority such as free school meal eligibility and special educational needs status, which allows the breakdown of survey responses according to different groupings. 2,236 responses were combined in this way, with the remaining responses not combined due to incomplete information.

School level results

Participating schools have each received an interactive report which allows them to compare the results for their school to those of all schools.

Schools were invited to a webinar in November 2023 to help them understand the results and how to navigate their report.

Schools have also been offered a 1 to 1 meeting with a consultant from the Child Outcomes Research Consortium to further support them in understanding their report and beginning to prioritise and plan next steps.

Neighbourhood dashboard

The neighbourhood dashboard has been published on the Havering Data Intelligence Hub. It allows people to view the results across Havering as a whole and split up by our three health localities (North, South and Central).

The intention is that the data will be used to inspire a place-based response to young people's wellbeing. This will require collective action across communities, businesses, the voluntary sector, the health sector, government and schools.

The dashboard was designed by UCLPartners alongside Havering's Insight team. The dashboard includes intuitive data visualisations and the ability to explore the data at different levels (e.g. year group, gender, free school meal eligibility, special educational needs status).

The following points should be useful in understanding and navigating the dashboard:

- The census contained more than 100 questions and whilst the school reports provide detailed results against all of these, due to its different intended audience, the neighbourhood dashboard presents a mix of specific questions and high level scores.
- At the top of each page is an explanation of the question and the response categories that the visualisation represents. Underneath each category, the number of responses is shown (n =).
- The dashboard will continue to evolve and further questions / results may be added. A later phase of analysis will include the ability to combine variables and bring in additional relevant contextual data (e.g. indices of deprivation).
- Where possible, comparisons with the #BeeWell survey (2021) in Greater Manchester have been provided. In some cases this is not possible due to differences in the way GM summarised their data, or where questions were added locally in Havering.
- Care should be taken when comparing areas, particularly where comparisons with Greater Manchester are available. There are likely to be greater differences in population characteristics between Havering and Greater Manchester than between the three Havering localities. Also, the Greater Manchester results shown were collected in Autumn term 2021 while the Havering data was collected in the Summer term 2023.
- The visualisations on the left hand side of each page show the results for each locality, all localities combined, and young people who attend school in Havering but live outside the borough.
- The visualisations on the right hand side of each page show the results broken down by four demographics: Free School Meal eligibility, Year Group, Special Educational Needs status and Gender.
- The two way interactivity allows users to:
 - Click on a locality and see the differences between all the different demographic groups for that area alone; and
 - Click on one particular demographic and see the locality level results for that group alone.



IMPLICATIONS AND RISKS

The results from Havering's Youth Wellbeing Census and the additional data the results have been combined with provide a useful starting point for discussions about the needs of young people. Data should help with the identification of strengths, as well as priority areas for development and improvement.

A core principle of the original #BeeWell programme, and of our delivering the Havering Youth Wellbeing Census, is that *young people's wellbeing is everybody's business*. That means every section of society has a responsibility towards our young people and it is critical that local partners come together in a response.

A meeting of the Babies, Children and Young People Work stream of our Place Based Partnership took place on 4 December 2023, which was the first opportunity for partners to consider the results and begin to think about how we might respond as individual agencies and collectively.

Some of the observations from that meeting will be highlighted in the presentation. These should not be considered an agreed set of headline messages. A key principle of the Havering Youth Wellbeing Census (and #BeeWell) is that the response should be youth-led, therefore an agreed summary can only be produced with input from young people, who will also be involved in identifying and prioritising the issues that most require a response.

BACKGROUND PAPERS

<https://www.haveringdata.net/youth-wellbeing-census/>